

# **Sports Taekwondo ACT**



## **Kukkiwon ACT**



## **Spring Competition Information Pack**

**22 - 23 October 2022**



## COMPETITION CONTACT

E-mail: [contact@kmaa.com.au](mailto:contact@kmaa.com.au)

## COMPETITION DATE

The competition will be held on: (More specific times will be confirmed 14 October 2022)

- **Saturday 22 October: Poomsae - 1:00pm – 6:00pm**
- **Sunday 23 October: Sparring - 9:00am – 3:00pm**

## ELIGIBILITY

All ages, belt levels and abilities are welcome.

## COMPETITION RULES

Accepted Taekwondo Poomsae & Sparring Competition Rules & Interpretation.

## IMPORTANT DATES

<b>Friday 23 September</b>	<b>Deadline for applications and entry fees</b>
Friday 14 October	Draw and estimated times for events to be published

## AWARDS

Certificates, Medals or other awards will be given directly to medal winners on the competition day.



## AWARDED EVENTS

Divisions will be categorized based on the number of entries, range of ages, belt levels and weights for sparring. This is at the discretion of the Organising Committee.

## JUDGES

Poomsae Judges & Sparring Referees/Judges will be selected for officiating at these events based on the number of entries. All athletes will be evaluated by more than one judge, and a list of selected Referees/Judges will be published closer to the event. Judges will have a high standard of technical Poomsae and as will Referees/Judges for Sparring. (Interested individuals please contact your Club management ASAP).

## VOLUNTEERS

Importantly volunteers are required to ensure a safe, fun and efficiently run event. Interested individual's for Poomsae & Sparring please also contact your Club management ASAP).

## UNIFORM

Athletes are to wear their standard Club based Martial Arts uniform when participating at the event. If the athlete has a full dobok, this is preferred over the t-shirt and dobok pants style.

## REGISTRATION FEE DEADLINE

**Friday 23 September 2022, 23:59 AEST**

This deadline is applicable for all entries, payments and admitting all required documents.



## LIST OF POOMSAE TO BE PERFORMED

Athletes will complete the two Taekeuk Poomsae from below table.

<u>Belt</u>	<u>Poomsae 1</u>	<u>Poomsae 2</u>
White and Yellow Belts	White Belt or Pattern 1	White Belt or Pattern 1
Orange and Green Belts	Pattern 2	Pattern 3
Purple and Blue Belts	Pattern 4	Pattern 5
Red and Brown Belts	Pattern 6	Pattern 7
Black Belts	Pattern 8	Koryo

	White	=	Gibom Poomsae	
Pattern 1	=	IL Jung	-	Pattern 2 = IE Jung
Pattern 3	=	SAM Jung	-	Pattern 4 = SAR Jung
Pattern 5	=	OH Jung	-	Pattern 6 = YUK Jung
Pattern 7	=	CHIL Jung	-	Pattern 8 = PAL Jung

## SPARRING

Athletes must wear the following equipment for sparring matches:

- Chest guard
- Head guard
- Shin guards
- Arm guards
- Groin guard
- Mouth guard

*Optional:*

- *Hand guards*
- *Foot guards*

The Korean Martial Arts Academy have a small number of chest guards available to loan on the day. Other equipment can be purchased via your martial arts school.

There will be **no head kicking** permitted for under 18 or over 30 years at this competition, modifications may also be used for 18-29yrs depending on entries received.



## APPLICABLE FEES

All entry fees shall be paid in advance to the Organising Committee. This will cover the cost of medals awarded and Judges fees.

**\$20.00** (AUD) per registered individual athlete for Poomsae **OR** Sparring (single event)

**\$30.00** (AUD) per registered individual athlete for Poomsae **AND** Sparring (two events)

Payments are to be collected via your Club management reception.

## INVITATIONS TO ADDITIONAL TRAINING

**All athletes, coaches and officials** are invited to attend the following training sessions available for participants leading up to this mini-comp.

*Please simply let Club management know when you will be attending and for sparring please bring with you any equipment, etc that you have.*

### KMAA - Unit 5, 54 Weedon Close, Belconnen ACT 2617

Tuesdays	6:45pm	-	7:45pm	Sparring
Wednesdays	6:00pm	-	6:45pm	Poomsae

### LTA – Unit 8, 205 Scollay Street, Greenway ACT 2900

#### From Now

Wednesdays	5:30pm	-	6:15pm	Poomsae
Fridays	5:30pm	-	6:15pm	Sparring



## NO REFUND

Entry fees will not be refunded.

## LOCATION & COVID-19 REQUIREMENTS

The location of the competition will be:

**Korean Martial Arts Academy, Unit 5, 54 Weedon Close, Belconnen ACT 2617**

Our stairways are one way, to ensure social distancing is maintained. Students will need to enter via our front carpark (above Jaycar, on Weedon Close) and enter the studio via the door closest to this entrance, and exit via the back carpark (across from Coles Service Station, on Wignall Place), exiting via the door near the reception desk.

All athletes and spectators must follow processes and procedures in place under the Korean Martial Arts Academy's current COVID-19 Safe Plan.

We encourage students to arrive no more than 30 minutes before their event time to warm up, stretch and prepare, and leave shortly after their event, to limit the number of people at the venue. Please limit the number of spectators per athlete.

## LIABILITY WAIVER

The Korean Martial Arts Academy / Lees Taekwondo Australia shall waive all liability in the broadest sense of the word with regard to the participation of athletes and by participating, the athlete shall indemnify Korean Martial Arts Academy / Lees Taekwondo Australia and all other officials and athletes from any claims of injuries, losses or otherwise arising in the course of participation at the Competition or any activities linked therewith. It is the responsibility of each registered athlete to ensure and guarantee that enough insurance coverage has been arranged for themselves.



## **Kukkiwon ACT & Sports Taekwondo ACT 2022 Spring Competition - Registration Form**

Name: .....

Taekwondo School: .....

E-mail address: .....

Belt level: Colour .....

Gender: ..... Age: .....

### **Events:**

☐ **Poomsae:**

*(Please write which patterns student will do, e.g. Pal Jang / #8)*

1. ....

2. ....

*And / Or*

☐ **Sparring:** Height (cm). .... Exact Weight (kgs) .....

Have you any sparring experience: .....

.....

.....

All fees paid in Australian Dollars (AUD) – **Paid via your Club**

☐ **\$20.00 fee for ONE event**

☐ **\$30.00 fee for TWO events**

***I have read and agree to the terms outlined in this event information pack.***

Name: .....

Signature: ..... Date: .....

*(Parent / Guardian, if athlete is under 18 years)*

Please email this Registration Form to [contact@kmaa.com.au](mailto:contact@kmaa.com.au) by **23 Sept 2022**.

**Non KMAA Clubs to collect and pass onto KMAA by 23 Sept 2022.**