

HOW TO TIE YOUR OWN BELT

1. Find centre of belt and place on belly button.
2. Both sides wrap around waist with one side tucking under the other side all the way around (if you do not tuck one side under, the belt will be incorrectly crossed behind the back.)
3. The side that ends up on top is tucked under both pieces, then grasp both ends to tighten.
4. The top piece is then placed over the bottom and pulled through the hole.
5. Tighten the belt and then fold the belt ends down so that the stripe is visible on top as the belt ends hang down.

